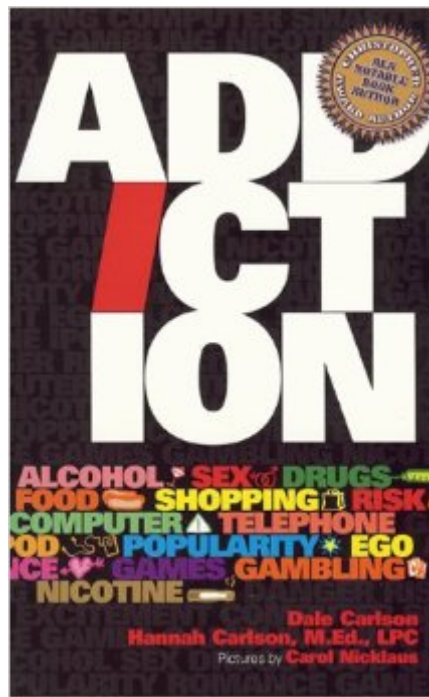


The book was found

# Addiction: The Brain Disease



## Synopsis

Addiction, the Brain Disease is a young adult guide to the physical, emotional, social, psychological disease of addiction. Addiction to substances, behaviors, and addiction to the self are explored. Self-tests, personal stories, treatment, recovery, dictionary of addictions, terms, and meanings are included. Also includes lists of resources, help sources, a bibliography, illustrations, and personal stories.

## Book Information

Perfect Paperback: 224 pages

Publisher: Bick Publishing House (October 13, 2010)

Language: English

ISBN-10: 1884158358

ISBN-13: 978-1884158353

Product Dimensions: 0.8 x 5.5 x 8.8 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #444,730 in Books (See Top 100 in Books) #5 in [Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse](#) #21 in [Books > Teens > Personal Health > Diseases, Illnesses & Injuries](#) #24 in [Books > Teens > Personal Health > Drug & Alcohol Abuse](#)

Age Range: 12 - 15 years

Grade Level: 7 - 10

## Customer Reviews

Too much of anything is a bad idea. "Addiction: The Brain Disease" discusses the challenges of addiction and how they took hold of people and take control of their lives. Defining addiction, its many varieties, the routes to recovery, and more. A complete and comprehensive analysis of addiction and the impact of these diseases, "Addiction: The Brain Disease" is an intriguing and fascinating read, and a core addition to any health studies collection.

"In ADDICTION: THE BRAIN DISEASE, authors Dale and Hannah Carlson, M.Ed.,LPC first define addiction, and include not only substance abuse, but also behavioral addictions such as shopping, binge eating, and gambling. A particularly interesting chapter addresses addiction to self and self-importance...Assessment tools are provided, short stories illustrate examples of specific

behaviors, genetic and chemical aspects of addiction, cultural and social aspects of addiction are written especially for young adults...The information in this book has immeasurable value."Catherine Thureson, FOREWORD MAGAZINE, OCTOBER 2010.

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